

# New Employee

**Name:** Stacey Chiacchio  
**Department:** Fitness  
**Position:** Health Fitness Specialist



## Bio:

Stacey has been in the medical field for 30 years. During this time she felt fitness was an important part of health and got her Group fitness certification. She is 500-hour RYT certified, Yoga Alliance, yoga instructor, meditation, Les Mills Body Pump, Body Step, Sprint, Mad Dog Spinning, Barre certified. She's taught a variety of classes, for a broad range of participants, including Boot Camp, Circuit, Cycle, Step, and Strength & Cardio. She believes fitness is for EVERY BODY and there is never a bad day at the gym, working out is not just looking good on the outside, it's feeling great on the inside. Stacey likes music, painting, and crafts.