

# Employee of the Month

June 2023



**Kylie Stupalski**

*Lead Dietitian*

Employee since **2022**

**Nickname:** My close friends and family call me Ky

**Hobbies:** Baking, graphic design, yoga, going for walks w/ friends

**Likes:** Going to the beach, animal lover, watching sunsets, movies

**Dislikes:** Being unorganized – I am always making lists and planning

**Favorite Part about working at NHM:** Working with patients to achieve their goals big and small! Navigating a weight loss journey is difficult – I love celebrating those smaller wins, non-scale victories, & behavior changes along the way to reaching patients overall goals. Watching patients increase their confidence & celebrate their hard work makes me SO happy!

